

GREEN PEAS

Menu Portion: ½ cup

Puree Portion: #12 scoop

NUTRITIONAL INFORMATION

Calories: 96 Fat: 4 grams

Protein: 4 grams Carbohydrates: 12 grams

INGREDIENTS

For 3 serving(s)

- 2 cups Green Peas, frozen
- 4 tsp Margarine
- 1 stroke SimplyThick gel
- 0 For other quantities, see the bottom of Directions

DIRECTIONS

CCP: Keep peas frozen at 0° F or colder until ready to cook.

Cook peas according to menu recipe or label instructions.

Cool peas slightly for approximately 10 minutes.

Drain as much excess cooking liquid as possible.

Place cooled peas in food processing bowl. Do not fill more than 2/3 full.

Other Serving Sizes

10 servings

6 cups Green Peas, frozen

4 Tbsp Margarine

3 strokes SimplyThick gel

Process for 4 minutes until smooth.

Add margarine and SimplyThick gel.

Process for 1 more minute.

CCP: Place in pan, cover and reheat to 160° F.

CCP: Place on steam table.

Stir before serving.

20 servings

12 cups Green Peas, frozen

8 Tbsp Margarine

6 strokes SimplyThick

NOTE: CCP STANDS FOR CRITICAL CONTROL POINT. IT IS USED BY FOOD SERVICE PROFESSIONALS FOR FOOD SAFETY PURPOSES.